

Arcadia Charter School



January 2019

HOT & COLD LUNCH

Prices: Student - \$4.00, Adult - \$4.50

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
 Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
	1st	2nd	3rd	4th
	No School	Meatball Hoagie Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Chicken & Cheese Nachos w/ Refried Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
7th	8th	9th	10th	11th
Chicken Patty Sandwich Roasted Potatoes Salad, Veggies, Fruit, Milk VEG - Egg Salad on Bun	Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk VEG - Cheese Burrito	Beef Enchilada Bake Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Enchilada Bake	Hamburger Baked Beans Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same
14th	15th	16th	17th	18th
Hamburger Salad, Veggies, Fruit, Milk VEG - White Bean Chili & Biscuit	Swedish Meatballs w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Bag Lunch Turkey & Cheese Wrap Baked Chips Veggies, Fruit, Milk VEG - Multi-Cheese Wrap	BBQ Chicken Leg Steamed Corn & Roll Salad, Fruit, Milk VEG - Egg Salad Sub	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
21st	22nd	23rd	24th	25th
No School	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same	Hamburger Steamed Corn Salad, Fruit, Milk VEG - Egg Salad on Bun	Soft Shell Chicken Taco Refried Beans Salad, Fruit, Milk VEG - Cheese Burrito	No School
28th	29th	30th	31st	
Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Mostaccioli	Santa Fe Chicken Wrap Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	BBQ Beef on Bun Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Bag Lunch Turkey & Cheese Wrap Baked Chips Veggies, Fruit, Milk VEG - Multi-Cheese Wrap	

BREAKFAST

Price: Student - \$2.70

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk	Assorted Muffins Fruit, Juice, Milk	Cereal Bar String Cheese Fruit, Juice, Milk
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MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 507-663-8806 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com