

Arcadia Charter School

March 2018

HOT LUNCH

Price: Student - \$4.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
|  | | | 1st | 2nd |
| | | | Beef Enchilada Bake Black Beans & Roll Veggies, Fruit, Milk VEG - Cheese Enchilada Bake | <u>Bag Lunches</u> Deli Sub Carrot Slaw Salad, Fruit, Milk VEG - Multi-Cheese Sub |
| 5th | 6th | 7th | 8th | 9th |
| BBQ Meatball Hoagie Potato Salad Salad, Fruit, Milk VEG - Egg Salad Sub | Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Alfredo | Beef & Bean Chili Tortilla Chips Salad, Veggies, Fruit, Milk VEG - Three Bean Chili | Chicken Fajita Wrap Pinto Beans Veggies, Fruit, Milk VEG - Cheese Burrito | <u>Bag Lunches</u> Turkey & Cheese Wrap Baked Chips Veggies, Fruit, Milk VEG - Multi-Cheese Wrap |
| 12th | 13th | 14th | 15th | 16th |
| Vegetable Beef Soup Corn Muffin Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup | Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk ALT - Same | No School | Soft Shell Beef Taco Refried Beans Salad, Fruit, Milk VEG - Cheese Quesadilla | <u>Bag Lunches</u> Deli Sub Carrot Slaw Salad, Fruit, Milk VEG - Multi-Cheese Sub |
| 19th | 20th | 21st | 22nd | 23rd |
| Chicken Vegetable Soup Dinner Roll Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup | Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta | Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Egg Salad Sub | Soft Shell Turkey Taco Baked Beans Salad, Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap | <u>Bag Lunches</u> Turkey & Cheese Wrap Baked Chips Veggies, Fruit, Milk ALT - Multi-Cheese Wrap |
| 26th | 27th | 28th | 29th | 30th |
| Spring Break | Spring Break | Spring Break | Spring Break | Spring Break |

BREAKFAST

Price: Student - \$2.70

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

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|---|--|--|--|---|
| Breakfast Loaf String Cheese Fruit, Juice, Milk | Fruit Yogurt w/ Granola Fruit, Juice, Milk | Breakfast Cereal String Cheese Fruit, Milk | Assorted Muffins Fruit Yogurt Fruit, Juice, Milk | Cereal Bar String Cheese Fruit, Juice, Milk |
|---|--|--|--|---|

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 507-663-8806 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com