

# Arcadia Charter School

# September 2017

## HOT LUNCH

Price: Student - \$4.00

### SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree  
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean  
 Low Fat Dressing/Dip  
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery  
 Fresh Fruit - Apple, Orange, OR Banana  
 Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

**Done Right Food**

School & Event Catering Services



1st

Summer Break

4th

5th

6th

7th

8th

Labor Day

Salisbury Steak  
 Steamed Corn & Roll  
 Salad, Fruit, Milk  
 VEG - Multi-Cheese Sand

Santa Fe Chicken Wrap  
 Refried Beans  
 Salad, Veggies, Fruit, Milk  
 VEG - Santa Fe Cheese Wrap

Meatball Hoagie  
 Deli Coleslaw  
 Veggies, Fruit, Milk  
 VEG - Multi-Cheese Hoagie

Chicken Mostaccioli  
 Soft Breadstick  
 Salad, Veggies, Fruit, Milk  
 VEG - Cheese Mostaccioli

11th

12th

13th

14th

15th

White Chicken Chili  
 Southern Biscuit  
 Salad, Veggies, Fruit, Milk  
 VEG - White Bean Chili

Italian Pasta w/ Meatsauce  
 Soft Breadstick  
 Salad, Veggies, Fruit, Milk  
 VEG - Cheesy Pasta

Chicken Kofta  
 Brown Rice  
 Salad, Veggies, Fruit, Milk  
 VEG - Hummus w/ Chips

Beef Enchilada Bake  
 Pinto Beans & Roll  
 Veggies, Fruit, Milk  
 VEG - Cheese Enchilada Bake

Buffalo Chicken Sandwich  
 Potato Wedges  
 Salad, Fruit, Milk  
 VEG - Italian Cheese Sub

18th

19th

20th

21st

22nd

BBQ Meatball Hoagie  
 Potato Salad  
 Salad, Fruit, Milk  
 VEG - Egg Salad Hoagie

Chicken Alfredo  
 Garlic Breadstick  
 Salad, Veggies, Fruit, Milk  
 VEG - Cheese Alfredo

Beef & Bean Chili  
 Tortilla Chips  
 Salad, Veggies, Fruit, Milk  
 VEG - Three Bean Chili

Chicken Fajita Wrap  
 Black Beans  
 Veggies, Fruit, Milk  
 VEG - Cheese Burrito

Cheesy Breadsticks  
 & Marinara Sauce  
 Salad, Veggies, Fruit, Milk  
 VEG - Same

25th

26th

27th

28th

29th

Vegetable Beef Soup  
 Corn Muffin  
 Salad, Veggies, Fruit, Milk  
 VEG - Vegetable Bean Soup

Mac & Cheese  
 Dinner Roll  
 Salad, Veggies, Fruit, Milk  
 ALT - Same

BBQ Chicken Leg  
 Steamed Corn & Biscuit  
 Veggies, Fruit, Milk  
 VEG - Multi-Cheese on Bun

Soft Shell Beef Taco  
 Refried Beans  
 Salad, Fruit, Milk  
 VEG - Cheese Quesadilla

Italian Chicken Sub  
 Carrot Slaw  
 Salad, Fruit, Milk  
 VEG - Egg Salad Sub

## BREAKFAST

Price: Student - \$2.00

### SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana  
 Fruit Juice - Apple, Grape OR Orange  
 Variety of Milk, including Skim

Breakfast Loaf  
 String Cheese  
 Fruit, Juice, Milk

Fruit Yogurt  
 w/ Granola  
 Fruit, Juice, Milk

Breakfast Cereal  
 String Cheese  
 Fruit, Milk

Assorted Muffins  
 Fruit Yogurt  
 Fruit, Juice, Milk

Breakfast Cereal  
 String Cheese  
 Fruit, Juice, Milk

### MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain  
 peanuts, other nuts/seeds, milk, egg, soybean,  
 and other products.

*This institution is an equal opportunity provider.*

### Our Commitment

#### "Healthy Food, Healthy Message"

We provide wholesome, delicious, real food  
 that helps teach the right message to children.

#### ANY QUESTIONS? CONTACT:

School Office @ 507-663-8806 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)