

Arcadia Charter School

October 2017

HOT LUNCH

Price: Student - \$4.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
2nd	3rd	4th	5th	6th
Chicken Vegetable Soup Dinner Roll Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup	Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Egg Salad Sub	Soft Shell Turkey Taco Baked Beans Salad, Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap	BBQ Beef on Bun Carrot Slaw Salad, Fruit, Milk VEG - Italian Cheese Hoagie
9th	10th	11th	12th	13th
Chicken Taco Soup Tortilla Chips Salad, Veggies, Fruit, Milk VEG - Veggie Taco Soup	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same	Beef & Cheese Stuffed Potato & Biscuit Salad, Fruit, Milk VEG - Bean & Cheese Stuffed	Soft Shell Chicken Taco Black Beans Veggies, Fruit, Milk VEG - Cheese Burrito	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk VEG - Same
16th	17th	18th	19th	20th
Vegetable Beef Stew Corn Muffin Salad, Veggies, Fruit, Milk VEG - Three Bean Chili	Chicken Mostaccioli Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Mostaccioli	Salisbury Steak Deli Coleslaw & Roll Salad, Fruit, Milk VEG - Multi-Cheese Sand	No School	No School
23rd	24th	25th	26th	27th
White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk VEG - White Bean Chili	Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Chicken Kofta Brown Rice Salad, Veggies, Fruit, Milk VEG - Hummus w/ Chips	Beef Enchilada Bake Pinto Beans & Roll Veggies, Fruit, Milk VEG - Cheese Enchilada Bake	Buffalo Chicken Sandwich Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Sub
30th	31st	 <p>Done Right Food School & Event Catering Services</p>		
BBQ Meatball Hoagie Potato Salad Salad, Fruit, Milk VEG - Egg Salad Hoagie	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Alfredo			

BREAKFAST

Price: Student - \$2.70

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 507-663-8806 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com